

Amy Rex Smith, Nursing

Director of RN-BSN Program

B.S.N. Seattle Pacific University, Seattle, WA.

M.S., Medical-Surgical Nursing, Boston University, Boston, MA

Ph.D., University of California at Los Angeles, Los Angeles, CA

Books Authored:

Rex Smith, A. Chapter 15: Communication in Life-threatening Illness and Spiritual Care: In Kennedy Sheldon, L. & Faust, J. (Eds.), *Communication for Nurses: Talking with Patients*, 3rd ed. (pp. 185-198). Boston MA, USA: Jones & Bartlett.(2013)

Academic Articles:

Perez, J. E., & Rex Smith, A. (2014). Intrinsic religiousness and well-being among cancer patients: the mediating role of control-related religious coping and self-efficacy for coping with cancer. *Journal of Behavioral Medicine*. Advance online publication. DOI 10.1007/s10865-014-9593-2

Rex Smith, A., DeSanto-Madeya, S., Pérez, J. E., Tracey, E. F., DeCristofaro, S. B. Norris, R. M., & Mukkamala S.L. (2012). How women with advanced cancer pray: A report of two focus groups. *Oncology Nursing Forum*, 39 (3), p. 316 Online Exclusive Research Brief. DOI: 10.1188/12.ONFE310-E316.

Perez, J. E., Rex Smith, A., Norris, R. L., Canenguez, K. M., Tracey, E. F., DeCristofaro, S. :B. (2011). Types of prayer and depressive symptoms among cancer patients: The mediating role of rumination and social support. *Journal of Behavioral Medicine*. Advance online publication. doi: 10.1007/s10865-011-9333-9; Rex-Smith, A. (2011).

Performance:

Rex Smith, A., Dameron. C., and Giske, T. *The Art and Science of Spiritual Care*. The Spiritual Care Curriculum with the additional Train the Trainers Program for Nurses' Christian Fellowship International (NCFI). Completed the "Art and Science of Spiritual Care" a set of 4 power point presentations accompanied by a 55 page teaching manual developed to provide practicing nurses with state of the science knowledge in the specialty of spiritual care so that Christian nurses will be able to identify and address spiritual care needs in a variety of settings for any patient coming from any various religious/spiritual belief and backgrounds, or from no faith tradition at all. Published by NCFI and first used at the NCFI Conference in Chile in November 2012; subsequently has been taught in every region of the world; (Spain, Ghana, Fiji, Sri Lanka, USA, Ecuador)

Professional Leadership:

Board Certified Clinical Nurse Specialist in Medical-Surgical Nursing (now Adult Health Nursing) (ACNS, BC): by the American Nurses' Association, #028168, since July 1982. Treasurer, Nurses' Christian Fellowship International.

Presentations:

Dameron, C, & Rex Smith, A. Nurses' Christian Fellowship Canada and North America Region: Train the Trainer Workshop for The Art And Science of Spiritual Care. Invited 4 hour podium presentation for the Nurses Christian Fellowship Regional Conference "Innovations in Faith Based Nursing Education Conference" Indiana Wesleyan University, Marion, Indiana June 2014

Pérez, J. E., & Rex Smith, A. "Intrinsic religious motivation, coping styles, and well-being among cancer patients". August 2013. "Overcoming Barriers to Spiritual Care: A Cross Cultural Perspective" One and one half hour peer reviewed podium presentation for the International Council of Nurses Quadrennial Congress, Melbourne, Australia May 2013

Nurses' Christian Fellowship International: Train the Trainer Workshop for The Art And Science of Spiritual Care. Invited 4.5 hour podium presentation for the Nurses Christian Fellowship International Conference "Partners in Care" Santiago, Chile November 2012

"The Power of Prayer: A Report from a Program of Prayer Research in Advanced Cancer Patients" peer reviewed, one hour podium presentation at the 'Innovations in Faith-Based Nursing Education Conference', Indiana Wesleyan University, Marion, Indiana June 11-14th 2012

"Spiritual Care in the Critical Care Setting" peer reviewed one hour podium presentation for the International "Spiritual Care and Health Professions: Context and Practice." Amsterdam, the Netherlands November 3 & 4 2011

"How patients with cancer pray: A qualitative analysis of prayer journals" Peer-reviewed podium presentation at Annual Mid-year Meeting of Division 36 of the American Psychological Association in Columbia, MD with John Perez and Susan DeSanto-Madeya April 2011

"How women with advanced cancer pray: A report from two focus groups." Peer-reviewed podium presentation at the 3rd Annual Meeting of the Society for Spirituality, Theology and Health, "Religion and Health: Interdisciplinary engagement and Interpretation" at Duke University in Durham, N.C. with Susan DeSanto-Madeya, John Pérez, Elizabeth Tracey and Rebecca Norris June 2010.

Academic Awards:

Excellence in Nursing Education Award, to be presented by the American Nurses' Association-Massachusetts April 10th, 2015. Selected as best teacher (full-time) in Department of Nursing at the University of Massachusetts Boston.

Other:

Two funded studies with data analysis still in process:

A National Faith Community Atlas on End-of-Life Spiritual Care: Informing a Religious Community Educational Intervention to Address End-of-Life Cancer Disparities U54CA156732 9/1/2013 -8/31/2015 National Institutes of Health/National Cancer Institute: The purpose of the study is to describe the EOL spiritual care attitudes and practices of religious community leaders (including faith community nurses) and to employ these data to inform the development of a spiritual care educational intervention for religious leaders. The aim of this educational intervention is to partner with religious communities to transform religious community spiritual care to terminally-ill congregants in a religiously-sensitive and medically-informed manner, and ultimately reduce the receipt of aggressive interventions at the end of life, particularly among Black and Hispanic patients. Co-PI: Rev. Michael J. Balboni PhD, ThM, MDiv Co-PI: Tracy Balboni, MD, MPH

Effects of Prayer on Well-Being among Cancer Patients: 11/01/08 – 9/1/2010 1 U56 CA118635-01 National Institutes of Health/National Cancer Institute: The primary goal of this project is to examine the effects of self-focused vs. other-focused prayer on mental health and well-being—and the variables that mediate these effects—among adult outpatients with newly diagnosed or recently recurrent cancer. Co-PI: John Perez, PhD