

## **Amy Rex Smith**

### **Areas of Expertise**

Spirituality, Faith Community Nursing, Acute Care

### **Teaching Focus**

Pathophysiology, pharmacology and nursing research

### **Additional Information**

Dr. Rex Smith came to Belhaven University SoN in January of 2015 with over 20 years' tenured faculty experience at the University of Massachusetts Boston, where she held leadership roles as department chair, graduate program director and coordinator of the Clinical Nurse Specialist track. Dr. Rex Smith embraced the opportunity to come to Belhaven University because she was enthusiastic about having the opportunity to integrate her Christian faith with a new academic program coming from the perspective of a Christian worldview. She has been a leader in Nurses' Christian Fellowship International for many years which has provided a broad global experience for her nursing practice.

### **Scholarly Contributions and Most Recent Professional Publications**

#### **Link to PubMed page:**

<https://www.ncbi.nlm.nih.gov/pubmed?term=Amy%20Rex%20Smith>

#### **Scholarly Contribution:**

Rex Smith, A., Dameron. C., and Giske, T. (2012; revised 2015, 2019). *The Art and Science of Spiritual Care*. The Spiritual Care Curriculum with the additional Train the Trainers Program for Nurses' Christian Fellowship International (NCFI).

Completed the "Art and Science of Spiritual Care" a set of 4 power point presentations accompanied by a 55 page teaching manual developed to provide practicing nurses with state of the science knowledge in the specialty of spiritual care so that Christian nurses will be able to identify and address spiritual care needs in a variety of settings for any patient coming from any various religious/spiritual belief and backgrounds, or from no faith tradition at all. First used at the NCFI Conference in Chile (11/2012); to become a permanent part of the NCFI Institute; has taught this program in Chile, Fiji, USA, Nigeria, & Taiwan).

#### **Most recent publications:**

Rex-Smith, A. (in press for 2021). Observations on Faith Community Nursing in the time of pandemic. *Journal of Christian Nursing*.

Rex Smith, A. & Smith, B.M. (2018). New perspectives on global mental health: The

emerging role of the nurse. *Christian Nurse International*, 9, 9-12.  
<http://ncfi.org/resources/cni-magazine/>

Rex-Smith, A. (2018). FAQs in spiritual care: Spiritual care for the “spiritual but not religious” (SBNR) *Journal of Christian Nursing*, 33(3), 196.