

Mia Whitehead

Areas of Expertise

Faith and Dance, Mentorship, Leadership, Choreography

Teaching Focus

Ballet Technique, Pointe Technique, Co-direct the Dance Ministry Ensemble

Additional Information

Mia Whitehead is a former student of Belhaven University's Dance Apprentice Program for high schoolers and has gained opportunities and experience as a classical and contemporary professional dance artist. She has a BA in Dance. Since returning to the Belhaven dance department as an instructor and choreographer, she encourages her students and cast members to incorporate their faith and humanity into their dance practices, leaving space for God to move. She finds it essential to create an environment where dancers can be vulnerable, take risks, display authenticity while developing their skills, and is thankful to do that at Belhaven University. Mia has been blessed with a loving support system both in and outside Jackson, MS. She enjoys watching movies, cooking, and savoring great desserts.

Scholarly Contributions and Most Recent Professional Publications

Choreographic works presented at Belhaven University by Mia Whitehead

“Held” (2016)

“Sparrows” (2017)

“Beauty from Ashes” (2017)

“Nunca Vacío” (2018)

“Petrichor” (2019)

“I Am” (2019)

“ ● Memoria ● Serein ● Empower” (2020)

“Cahira; pieces made whole” (2021)