

Belhaven University Dance Department

Video Audition Requirements (In Lieu of In-Person Visit)

Submission Instructions

Please send an audition video link (YouTube, Vimeo, Google Drive, etc.) to dance@belhaven.edu. All video audition footage must be current (filmed within the last four months). If older performance clips are included, please note the month and year.

1. Introduction

At the beginning of your video, clearly state:

- 1 Your name
- 2 The degree you wish to pursue (Dance Major or Dance Minor)
- 3 Your preferred start date for enrollment (for example: Fall 2026)

2. Ballet Barre Combinations

With one hand on the barre and filmed from the side, demonstrate the entire movement series consecutively on the right and left sides. Exercises may be performed with or without music.

- 1 Demi plie combination in 1st, 2nd, and 5th positions with port de bras of choice
- 2 Battement tendus from 5th position: two en croix (front, side, back, side), four counts per tendu (two counts out, two counts in)
- 3 Battement tendu jete (also referred to as battement degage or battement glisse) from 5th position: two en croix, two counts per battement; arms in second position
- 4 Battement developpe en croix (front, side, back, side): develop over counts 1-2, hold counts 3-6, lower to pointe on count 7, close to 5th on count 8; port de bras of choice
- 5 Grand battement jete: two en croix with port de bras of choice
- 6 Retire (passe) releve devant balance for eight counts; arms in Vaganova first position

3. Select Two of the Following Three Categories

A. Ballet Center Floor Combinations or Classical Ballet Variation

- 1 Pirouettes en dehors and en dedans
- 2 Adagio
- 3 Petit allegro including pas assemble, pas jete, and batterie of choice (royale, entrechats quatre, entrechats trois, entrechats cinq, or entrechats six)
- 4 Grand allegro
- 5 Optional pointe phrase: plie releve in 1st, 2nd, and 5th positions; echappe in second from 5th; pirouette(s) en dehors or en dedans; and pas de bourree suivi (bourrees) across the floor

Note: You may submit a classical ballet variation or a contemporary ballet performance instead of ballet center floor combinations.

B. Modern / Contemporary Dance Phrases or Performance

Submit two to three minutes of modern or contemporary dance movement demonstrating one or more of the following:

- 1 Torso articulation (movement of the spine)
- 2 Level change
- 3 Inversion (supported upside-down movement)
- 4 Locomotion (traveling movement)
- 5 Floorwork (movement in and out of contact with the floor)

If you have not been trained in modern dance, a two to three minute improvisation that demonstrates your personal movement style and the elements listed above may be substituted. You may also submit an excerpt of a recent modern or contemporary performance. If the video is not a solo, clearly indicate which dancer to watch.

C. Jazz Dance Phrases or Performance

If you have trained in jazz dance, submit two to three minutes demonstrating technique and style, such as:

- 1 Isolations
- 2 Pirouettes
- 3 Progressions across the floor

You may instead submit a two to three minute excerpt of a recent jazz performance. If the video is not a solo, clearly indicate which dancer to watch.

If you are having difficulty reading this document please contact the dance department and we will assist you.