

# BELHAVEN UNIVERSITY

## CHECKLIST FOR GRADUATION REQUIREMENTS IN **SPORTS MEDICINE: EXERCISE SCIENCE** BACHELOR OF SCIENCE

Minimum of 124 credit hours required for graduation

NAME \_\_\_\_\_

ID# \_\_\_\_\_

General Education	37 hours
Major	51 hours
General Electives	36 hours
Total	124 hours

### **FRESHMAN YEAR (FALL):**

BU 101 or 102 BU Basics/Transfer Success	(1) _____
BIB 220 Exploring the Old Testament	(3) _____
ENG 101 Freshman English I	(3) _____
General Elective	(3) _____
BIO 105 General Biology I*	(3) _____
BIO 107 General Biology Lab I*	(1) _____

**Total: 14**

### **FRESHMAN YEAR (SPRING):**

BIB 221 Exploring the New Testament	(3) _____
ENG 102 Freshman English II*	(3) _____
BIO 106 General Biology II*	(3) _____
BIO 108 General Biology Lab II*	(1) _____
SME 110 Intro to Sports Medicine	(1) _____
General Elective	(3) _____

**Total: 14**

### **SOPHOMORE YEAR (FALL):**

ENG 225 Ancient Literature*	(3) _____
HIS 225 Ancient History*	(3) _____
HUM 225 Biblical Themes*†	(1) _____
MAT 101 College Algebra	(3) _____
BIO 230 Human Anatomy & Physiology I*	(3) _____
BIO 231 Human Anatomy & Physiology I Lab*	(1) _____
General Elective	(3) _____

**Total: 17**

### **SOPHOMORE YEAR (SPRING):**

ENG 226 Enlightenment to 21 <sup>st</sup> Century*	(3) _____
HIS 226 Enlightenment to 21 <sup>st</sup> Century*	(3) _____
HUM 226 Biblical Themes II*†	(1) _____
BIO 231 Human Anatomy & Physiology II*	(3) _____
BIO 233 Human Anatomy & Physiology Lab II*	(1) _____
SME 275 Injury Care and Prevention*	(3) _____
SME 340 Kinesiology*	(3) _____

**Total: 17**

†Transfer students take WVC 302 instead of HUM 225 and 226

### **JUNIOR YEAR (FALL):**

SME 310 Principles of Strength Training*	(3) _____
SME 320 Phys./Psych. of Movement*	(3) _____
SME 470 Pre-Professional Clinical Experience*	(2) _____
General Elective	(3) _____
General Elective	(3) _____

**Total: 14**

### **JUNIOR YEAR (SPRING):**

SME 380 Exercise Physiology*	(3) _____
SME 381 Exercise Physiology Lab*	(1) _____
SCI 125 or 126 Gen Ed Science	(4) _____
General Elective	(3) _____
General Elective	(3) _____
General Elective	(3) _____

**Total: 17**

### **SENIOR YEAR (FALL):**

SME 420 Exercise Test & Prescription*	(3) _____
SME 421 Exercise Test & Prescription Lab*	(1) _____
SME 435 Sports/Exercise Nutrition*	(3) _____
General Elective	(3) _____
General Elective	(3) _____
General Elective	(3) _____

**Total: 16**

### **SENIOR YEAR (SPRING):**

WVC 401 Kingdom Life*	(3) _____
SME 450 Professional Development*	(3) _____
SME 470 Pre-Professional Clinical Experience*	(2) _____
SME 495 Senior Comprehensive*	(0) _____
SME 410 Biomechanics*	(3) _____
SME 411 Biomechanics Lab*	(1) _____
General Elective	(3) _____

**Total: 15**

**\*Course has prerequisites; Please see catalogue for details**