

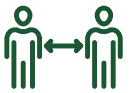
BELHAVEN PROMISE

“What you do for the least of these,
you do for me.” —Jesus

OFFENSE



- 1. FACE**—Wear a mask over BOTH mouth and nose.
 - Wear inside if others are present, including during class.
(Exceptions: meals and residence hall rooms)



- 2. SPACE**—Keep a social distance all the time.



- 3. WASH**—Use soap and water or sanitizer frequently.



- 4. WIDEN**—Avoid close contact on or off campus.

DEFENSE



- 1. CHECK**—Monitor fever over 100.4, dry coughing, or difficulty breathing.



- 2. REST**—Avoid class and being around others if you are sick.



- 3. QUARANTINE**—Isolate if you have been exposed or contracted Covid-19.



- 4. VACCINE**—Get the recommended (not required) free flu vaccine this fall.

Belhaven Promise Q&A

AND ADDITIONAL INFO OPTIONS

EVERYONE IS EXPECTED TO HELP BY FOLLOWING ALL OF THESE GUIDELINES:

- Offer kindness to fellow students, faculty, and staff as we all navigate these challenging times.
- Monitor your health daily.
- Masks must be worn inside buildings and during class sessions.
- Wear a mask at all times with others except for residence hall rooms, while eating or in a private office alone.
 - ◊ Masks must cover both nose and mouth.
 - ◊ Acceptable masks: cloth, paper, surgical, or bandanas, scarves, or gaiters that are two-layered
 - ◊ Not acceptable: masks with valves, face shields without a mask, or bandanas, scarves, and gaiters that are one-layered
 - ◊ The University will provide washable masks if needed. Questions regarding masks should be directed to the Office of Student Development at 601-968-5969.
- Observe social distance guidelines indoors and outdoors.
- Follow signage for foot traffic flow in and around campus.
- During the Fall semester, Bailey Dining Commons' access is limited to students only. Capacity is limited and students should eat in a timely manner then leave to free up space for others. To-go meals may be ordered.
- Conduct meetings and gatherings virtually as much as possible.
- Practice good hygiene (i.e. wash/sanitize hands often).
- Follow the same guidelines off campus.
- The Fall campus activity schedule will be lighter than normal and campus activities will be limited to a maximum of 15 people who are all required to follow social distancing and health guidelines.

Covid-19 SYMPTOMS MAY BE EXPERIENCED BY PEOPLE OF ALL AGE GROUPS, YET MANY PEOPLE WHO HAVE THE VIRUS DO NOT EXHIBIT SYMPTOMS. SYMPTOMS MAY INCLUDE:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Weakness
- Fatigue
- Nausea
- Vomiting
- Diarrhea
- Changes to taste and smell

STUDENTS WHO HAVE ANY Covid-19-RELATED SYMPTOMS OR A FEVER OVER 100.4 AND/OR CHILLS MUST NOT COME TO CAMPUS OR LEAVE THEIR RESIDENCE HALL ROOM. IF THIS IS YOU:

- Residential students – Isolate yourself in your room and immediately contact your Resident Assistant (RA) or Resident Director (RD).
- Commuter students – Do not come to campus and immediately contact the Office of Student Development (601-968-5969 or sdevelopment@belhaven.edu), so they are aware you will not be coming to campus.
- Branch Campus students – Do not come to campus and immediately contact your Campus Staff.
- Seek medical help. Jackson, MS offers the best healthcare in the region, most locations less than a mile from the Jackson campus. Local resources include:
 - ◊ University of MS Medical Center – Free Covid-19 screening. Call 601-496-7200 (8:00 am – 5:00 pm, M-Sat), or online at <https://covidschedule.umc.edu/>
 - ◊ Baptist Health Systems – If you do not have a local doctor, call 855-733-8863 to be referred to a local physician.
 - ◊ Mississippi State Department of Health – Up-to-date resources and information online at <https://msdh.ms.gov/msdhsite/ static/14,0,420.html>
- If your symptoms are severe, call 911 or call your nearest emergency department before going there. Severe symptoms include: trouble breathing, persistent pain or pressure in the chest, confusion, inability to wake or stay awake, and bluish lips or face.
- As soon as you are able, contact your professors about assignments and accommodations.
- Students who test positive for Covid-19 will be required to quarantine off campus, including returning home until medically cleared to return to campus.
- Students will not be academically penalized for missing classes or assignments because of their Covid-19 illness.

FACULTY/STAFF WHO HAVE ANY Covid-19 RELATED SYMPTOMS OR A FEVER OVER 100.4 AND/OR CHILLS MUST NOT COME TO WORK. IF THIS IS YOU:

- Self-isolate at home.
- Call your doctor first to discuss your symptoms. If you need to go in, they will be prepared for you.
- If your symptoms are severe, call 911 or call your nearest emergency department before going there.
- As soon as you are able, notify your supervisor.
- Faculty and staff who test positive for Covid-19 will be required to quarantine at home until medically cleared to return to campus.