

Belhaven Counseling Services

Frequently Asked Questions

Who is eligible for services?

The counseling services are available for traditional undergraduate Belhaven University students.

Do you offer pre-marital or couples counseling?

Yes, the counselor offers pre-marital counseling and couples counseling.

How long do I have to wait for my first appointment?

The goal is to schedule an appointment within a week of your inquiry.

What if I am having a crisis and need to be seen ASAP?

If you need to be seen immediately, let the counselor know the nature of your crisis when you contact her for an appointment.

Can my parent or friend schedule an appointment for me?

No, only the person seeking counseling can schedule the appointment.

Will my information be kept confidential?

Yes, your information will not be shared without your written authorization except if you:

- State you seriously intend to harm yourself or another person(s).
- Report or describe any physical abuse, neglect, or sexual abuse of children or vulnerable adults.
- We must comply if your counseling records are subpoenaed by a court.

What if what I want to talk about is not listed on the areas of treatment?

Be encouraged to schedule an appointment regardless of what you want to discuss.

How often do I have to fill out the new client paperwork?

If you have not been seen at by the counselor for six months or longer, you will need to provide an update to your paperwork.

How much does a session cost?

The first appointment is free, sessions two through six are \$5, and subsequent visits are \$40 each

What if I have to cancel my appointment?

Students can cancel or reschedule an appointment if they contact the counselor with at least 24 hours of his or her appointment.

Where is the counselor's office located?

The counselor's office is located on the second floor of Cleland Hall (Office 207).

What if I have other questions?

Contact the Counselor directly: 601-965-1428 or counselor@belhaven.edu. The Counselor is happy to help you!