

Week of Nov 16th

BELHAVEN UNIVERSITY

Hot & Fresh
Blazer Rolls

*With Freshly made
Flavored Butters*

LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>the- Classics</i> <i>Healthy edge</i> <i>Veggie venue</i>	Meatsauce & Pasta Italian Green Salad Italian Green Beans Italian Bread Sticks	BBQ Meatballs Red Pepper Rice Italian Blend Vegetables	Thanksgiving lunch Roasted Turkey Spiral Ham Cornbread Dressing	BU Famous Fried Chicken Homestyle Mac & Cheese Seasoned Cabbage Blackeyed Peas	Southern Fried Fish Hush Puppies Turnip Greens Augratin Potatoes	Chopped Steak Garlic Mash and Gravy Seasoned Green Beans	Honey Roasted Pork Loin Creamy Mashed Potatoes Buttered Baby Carrots
	Fast Food Day Burgers Pizza stixs Fries	Roasted Pork Loin Basil Roasted Potatoes Roasted Vegetables	Sweet Potato Pie Green Bean Casserole	Southern Baked Chicken Mash & Gravy Roasted Vegetables	Citrus Grilled Tilapia Pan Sautéed Asparagus Roasted Vegetables	Weekend Brunch	
	Roasted Vegetables	Black Bean, Rice and salsa Veggie Wraps	Roasted Vegetables with Red Quinoa	Vegetarian Wraps	Pesto Roasted Veggies Over Brown Rice	Scrambled Eggs Smoked Bacon Southern Cheese Grits	
Menu Action Station GRILLE ETC	Chicken Bites Cheese Stixs Corn nuggets Chicken sandwiches	PIZZA, PIZZA, PIZZA Assorted Fresh Pizzas Bread Stick	Bone in Wings Garlic Parm BBQ Sweet Chili	Hawaiian Grilled Cod Filet With Pineapple Salsa On a sourdough Roll	BLAZER Burger Bar Build your own Burger All the Toppings!!	Available at Every meal	
	French Fry of the Day	French Fry of the Day	French Fry of the Day	French Fry of the Day	French Fry of the Day	<i>Deli designs</i> <i>Garden gourmet</i> <i>simply-Sweet</i> <i>Soups & spuds</i> <i>cerealBOX</i>	

DINNER MENU

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<i>the- Classics</i> <i>Healthy edge</i> <i>Veggie venue</i>	Old bay baked fish Garlic Mashed Potatoes Winter mix Vegetables	King Ranch Casserole Steamed Broccoli Spears Fried Corn Nuggets	Homestyle Meatloaf Mashed Potatoes Pacific Blend Vegetables	Roast beef PoBoy Sea Salted Steak Fries Buttered Corn	Hand Breaded Chicken Tenders Curly French Fries Creamy Cole Slaw	Chicken Alfredo Pasta Garlic Bread Sticks Green Beans	Chicken Sandwich French Fry of the Day Southern Baked Beans
	Pasta with Pesto Roasted Vegetables	Fish Tacos Cilantro Lime Rice Black Beans	Chicken Stir Fry Steamed White rice Veggie Egg Rolls	Thyme Roasted Chicken Sautéed Spinach Roasted Vegetables	Homestyle Baked Chicken Seasonal Veg	Baked Ziti Roasted Rutabaga	Chili with Beans Herb White Rice Fried Okra
	Parmesan Sautéed Vegetables	Spinach Ravioli	Broccoli Cheddar Quiche	Four Cheese Penne Pasta			
GRILLE ETC	Chicago DOG Day ASSORTED TOPPINGS Chili, onions, Kraut etc. Spicy Brown Mustard French Fry of the Day	Pasta-bilities Grilled Chicken or Shrimp Bowtie or Penne Pasta French Fry of the Day	FAKE Wendy's Homestyle Chicken Sandwich Crinkle Cut Fries Lettuce, Sliced tomatoes and French Fry of the Day	Bake POTATO Bar Cheese Sauce Broccoli, Chili, Bacon, French Fry of the Day	PIZZA, PIZZA, PIZZA Assorted Fresh Pizzas Bread Stick & Marinara Sauce French Fry of the Day	Available at Every meal	
						<i>Deli designs</i> <i>Garden gourmet</i> <i>simply-Sweet</i> <i>Soups & spuds</i> <i>cerealBOX</i>	

Baked or Grilled chicken will be available for Lunch & Dinner